

ANNUAL ACTIVITIES REPORT

HOME SCIENCE DEPT.

(2022-23)

- In the month of April, Home science department has organized **Fevicryl Art & craft workshop** from 5-7 April. In which expert Art Teacher Ms. Alka Jain provided training in fabric paintings, canvas, decorative flowers pots etc decorative items to students.
- In the month of May from 9-10 May, Home Science department of our college has organized three days **Counselling workshop**. In which Dr. Rajesh (psychology department), Dr. Renu (Counsellor, Bhardwaj Counselling Center Karnal), Dr. Sunant Grover (Head of start-up incubator) gave Extension lectures on guidance and counselling to students. Dr. Renu counsellor counsel the students and taught them techniques of counseling.
- On 12th May, the Home science department in collaboration with start-up incubator organized **Baisakhi Mela**. In which Handicraft decorative items like fabric-painted bed sheets, pillow covers cushion covers, dupattas, flowers pot, decorative items of glass ceramic, flowers, canvas painting, candles, etc presented and sold.
- on 19-20th May, Home science dept in collaboration with start up incubator has conducted two days **Flameless cooking workshop** in which Ms. Preeti Sharma taught cooking skills to students and gave a demonstration of nutritious and healthy recipes such as iron dates bites, chocolate muesli balls, coconut ladoos, bhel puri, sprouted salad, different sandwiches etc.
- In September month, the Home science department had celebrated nutrition month or poshanmaah. In which different competition like Cold cooking competition (on 12th September), Rangoli making competition (on 16th September) and Poster making competition was organized on 21st September. Prizes were distributed to winners.
- On 27th September, the Home Science dept has organized **Nutrition awareness program** in collaboration with the women and child development cell, Karnal in which Ms Jyoti and Dr. Meenakshi (District Project Coordinator of Women and Child Development Cell, Karnal) gave Extension Lectures on Balanced Diet, Personal Hygiene and aware students about various programs and schemes running in Women and Child development cell, Karnal.

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- In the month of February, the Home science department conducted different activities. **The macrame workshop** was organized on 2nd February. In which Dr, Neetu Nagpal (Retired principal) provided training on different macrame knots and how to make decorative items like wall hanging, mirrors, pen stands, Swings, etc. with macrame to students.
- On 3rd February 2021, Ms. Jyoti (District Project Coordinator, Woman and Child department, Karnal) has given an **Extension Lecture** on a Balanced diet and explained various schemes & programs running in the child's woman development cell, Karnal to students.
- On 4th February, Home science conducted a **Cold cooking competition**. In which students prepared delicious recipes like paneer gulkand, Oreo pudding, dates barfi, Nachoj chaat, Oreo peda, mixed veg chaat etc. Home science students Sapna (First year), Niharika (first-year), Shefali & Anu (final-year) got first, second and third prizes consecutively.
- On 5 February 2021 Home science dept has organized **Best out of waste competition** in which students prepare useful & decorative items with waste things Home science students Neha (first year) & Anu (final year) Simran (final year); Manisha (final year) & Aarti (second year) got First, second and third prizes consecutively.
- From 8 to 10th February Home science dept has organized **Pidilite Art & Craft workshop**. In which professional Art teacher for Ms. Alka Jain from Pidilite Industries provided training of various paintings & decorative items to students.
- On 12th February the Home science dept conducted **Poster making competition**. In which students made attractive posters on given topics such as Colour wheel, Balanced diet, and Therapeutic Nutrition. Home science students Niharika (first year); Garima (second year) Pallavi (final year) got first, second and third prizes consecutively.
- On 5th July the Home science dept conducted an **Exhibition cum sale**. In which students exhibit and sell handicraft items like decorative mirrors, canvas paintings, fabric-painted bedsheets, pillow covers, cushion covers, toys, wall hanging flower pots, and decorations items for the house.

- From 11th to 13th October threedays **PidliteArt and craft workshop** was organized in the department. In which Ms, Alka Jain (expert Art teacher at pidliteindustries) provided training of fabric painting, glass Mosaic, flower pots, decorative potted plants to students.

Shiksha Rani
HOD

(Home Science dept.)

PRINCIPAL