

Dr. SHIKHA (Asst. Prof.) Lesson Plan (MA Psychology)

M.A. Sem II
Cognitive Psychology

13 Feb - 18 Feb, 2023

Memory & Its
Process, Kinds

20-25 Feb, 2023

Models of Memory
& overview
Atkinson & Shiffrin
Model

27 Feb - 4 March, 23

level of processing
Model

13 March - 18 March, 23

Parallel Distributed
Processing model,
Autobiographical
Memory

20-25 March, 23

Eye-witness
Testimony

MA. Sem IV
LSHD (Life Span Human
Development)

13 Feb - 18 Feb, 2023

Transition from Childhood
to adolescence -
Hormonal changes &
Physical growth

20 Feb. - 25 Feb, 2023

Sexual Maturation

27 Feb. - 4 March, 2023

Reactions to pubertal
Changes

13 March - 18 March, 23

Identity Crisis,
Stress & problems
of adolescents

20-25 March, 23

Ecology of Develop-
ment: Impact of
family & peers.

27 March - 1st April, 23

Mnemonics
language

3rd - 8th April, 23

Properties & Structure
of language

10-15 April, 23

Processes of language
acquisition

17-22 April, 23

Thinking & problem
solving

24-29 April, 23

well defined &
ill defined problems

1st May - 6th May, 23

Blocks & Aids in
problem solving.

8-13 May, 23

Reasoning - Types

15-20 May, 23

Approaches of reasoning

22-25 May, 23

Revision

27 March - 1st April, 23

Impact of school &
Media.

3rd - 8th April, 23

Problems of aging:
Biological perspective

10-15 April, 23

Physical changes; Habits
& Health. Family life
adjustment

17-22 April, 23

widowhood, remarriage
& cohabitation in
old age.

24-29 April, 23

Psychological Issues:
control vs dependency

1 May - 6 May, 23

Social Support &
Interaction

8-13 May, 23

Vocational Problems

15-20 May, 23

Retirement

22-25 May -

Revision & feedback.