# SCHEME OF B.A. (Pass Course) SEMESTER SYSTEM (PSYCHOLOGY) w.e.f. 2011-12

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Class	Nomenclature of paper	Internal Assess.	TI	
B.A. (Sem-I)	Introduction to Psychology	20	Theory	Time
-do-	Practical	20	50	3 Hours
			30	3 Hours
B.A. (Sem-II)	Experimental Psychology	20	***	
- do-	Practical	20	50	3 Hours
			30	3 Hours
B.A. (Sem-III)	Social Psychology	20		
-do-	Practical	20	50	3 Hours
DA (C. TIP)			30	3 Hours
B.A. (Sem-IV)	Developmental Psychology	20	50	3 Hours
-do-	Practical		30	
			30	3 Hours
B.A. (Sem-V)	Psychopathology	20		
-do-	Practical	20	50	3 Hours
D 1 40			30	3 Hours
B.A. (Sem-VI)App	blied Psychology	20	50	2.11
-do-	Practical		30	3 Hours
			30	3 Hours

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### SCHEME OF EXAMINATION B.A.(GENERAL) PSYCHOLOGY (SEMESTER-1st)

Paper No	Nomenclature	Internal Assessment	Theory Marks	Total Marks	Time
Paper Name	Introduction to Psychology	20	50	70	3 Hours
Paper Name	Practical			30	3 Hours

Paper No	Nomenclature	Internal Assessment	Theory Marks	Total Marks	Time
Paper Name	Experimental Psychology	20	50	70	3 Hours
Paner Name	Practical	7.5		30	3 Hours

# SCHEME OF EXAMINATION B.A.(GENERAL) PSYCHOLOGY (SEMESTER-3<sup>rd</sup>)

Paper No	Nomenclature	Internal Assessment	Theory Marks	Total Marks	Time
Paper Name	Social Psychology	20	50	70	3 Hours
Paper Name	Practical			30	3 Hours

### SCHEME OF EXAMINATION B.A.(GENERAL) PSYCHOLOGY (SEMESTER-4<sup>th</sup>)

Paper No	Nomenclature	Internal Assessment			Time
Paper Name	Developmental Psychology	20	50	70	3 Hours
Paper Name	Practical			30	3 Hours

#### SCHEME OF EXAMINATION B.A.(GENERAL) PSYCHOLOGY (SEMESTER-5<sup>th</sup>)

Paper No	Nomenclature	Internal Assessment	Theory Marks	Total Marks	Time
Paper Name	Psychopathology	20	50	70	3 Hours
Paper Name	Practical		13763	30	3 Hours

#### SCHEME OF EXAMINATION B.A.(GENERAL) PSYCHOLOGY (SEMESTER-6<sup>th</sup>)

Paper No	Nomenclature	Ch. w. Commission of the Commi	Theory Marks		Time
Paper Name	Applied Psychology	20	50	70	3 Hours
Paper Name	Practical			30	3 Hours

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### Syllabi and Scheme of Examination For M.A. Psychology (w.e.f. 2012-13)

Scheme of Examination

The M. A. Psychology course will be of FOUR semesters. In each semester there shall be four theory papers (100 marks each) and one practical (150 marks) leading to a degree of 2200 marks.

# M.A. (Semester-I) Psychology

The 1st Semester of M.A. Psychology would have following five papers, all the papers are compulsory.

Paper No.	Nomenclature		Marks	Time
Paper-I Syst	TEMS AND THEORIES	80+20	21	
Paper-II	EXPERIMENTAL PSYCHOLOGY	00120		lours
Paper-III			80+20	3 Hours
	Social Psychology (i)		80+20	3 Hours
Paper-IV	RESEARCH METHODS AND STATISTICS (i)		80+20	3 Hours
Paper-V (i)	PRACTICAL			
(ii)	Program O- F		100	3 Hours
(11)	PROFILING OF EQUIPMENTS		50	1 Hour

# M.A. (Semester-II) Psychology

The 2<sup>nd</sup> Semester of M.A. Psychology would have following five papers, all the papers are compulsory.

Paper No.	Nomenclature		Marks	Time
Paper-I Phys	SIOLOGICAL PSYCHOLOGY	80+20	3	Hours
Paper-II	COGNITIVE PSYCHOLOGY		80+20	
Paper-III	Social Psychology (ii)		00+20	3 Hours
			80+20	3 Hours
Paper-IV	RESEARCH METHODS AND STATISTICS (ii)		80+20	3 Hours
Paper-V (i)	PRACTICAL			
(iii)	D		100	3 Hours
(ii)	PROFILING OF EQUIPMENTS	50	1 F	lour.

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### M.A. (Semester-III) Psychology

The 3<sup>rd</sup> Semester of M.A. Psychology would have four theory papers and one paper of practical; all the theory papers are optional and paper of practical is compulsory. The students may opt for any four of the ten theory papers. However, the options to be floated in any particular year would be decided by the Chairperson of the Department keeping in view the available resources.

Nomenclature		Marks		Time
PSYCHOPATHOLOGY		80+20		3 Hours
INTELLIGENCE		80+20		3 Hours
INDUSTRIAL-ORGANISATIONAL				o mound
PSYCHOLOGY (i)	80+20		3 Hours	
PRINCIPLES AND APPLICATIONS OF			o mount	
GUIDANCE		80+20		3 Hours
HUMAN DEVELOPMENT	80+20			200000
PSYCHOMETRICS (i)		80+20		3 Hours
PERSONALITY (i)		80+20		3 Hours
FUNDAMENTALS OF MILITARY PSYCHOLOGY	80+20			3 Hours
PRACTICAL		100		3 Hours
PROFILING OF INSTRUMENTS		50		1 Hour
	PSYCHOPATHOLOGY INTELLIGENCE INDUSTRIAL-ORGANISATIONAL PSYCHOLOGY (i) PRINCIPLES AND APPLICATIONS OF GUIDANCE HUMAN DEVELOPMENT PSYCHOMETRICS (i) PERSONALITY (i) FUNDAMENTALS OF MILITARY PSYCHOLOGY PRACTICAL	PSYCHOPATHOLOGY INTELLIGENCE INDUSTRIAL-ORGANISATIONAL PSYCHOLOGY (i) 80+20 PRINCIPLES AND APPLICATIONS OF GUIDANCE HUMAN DEVELOPMENT 80+20 PSYCHOMETRICS (i) PERSONALITY (i) FUNDAMENTALS OF MILITARY PSYCHOLOGY 80+20 PRACTICAL	PSYCHOPATHOLOGY 80+20 INTELLIGENCE 80+20 INDUSTRIAL-ORGANISATIONAL  PSYCHOLOGY (i) 80+20  PRINCIPLES AND APPLICATIONS OF  GUIDANCE 80+20  HUMAN DEVELOPMENT 80+20  PSYCHOMETRICS (i) 80+20  PERSONALITY (i) 80+20  FUNDAMENTALS OF MILITARY PSYCHOLOGY 80+20  PRACTICAL 100	PSYCHOPATHOLOGY 80+20 INTELLIGENCE 80+20 INDUSTRIAL-ORGANISATIONAL  PSYCHOLOGY (i) 80+20 3 Hours  PRINCIPLES AND APPLICATIONS OF  GUIDANCE 80+20 HUMAN DEVELOPMENT 80+20 3 Hours  PSYCHOMETRICS (i) 80+20  PERSONALITY (i) 80+20  FUNDAMENTALS OF MILITARY PSYCHOLOGY 80+20  PRACTICAL 100

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# M.A. (Semester-IV) Psychology

The  $4^{th}$  Semester of M.A. Psychology would have four theory papers and one paper of practical. The theory papers would be corresponding to optional papers opted in Semester-III, the paper of practical is compulsory.

Paper No.	Nomenclature	Marks	Time	
Paper-II: Paper-III: Paper-IIII:	CLINICAL PSYCHOLOGY CREATIVITY INDUSTRIAL-ORGANIZATIONAL PSYCHOLOGY (ii)	80+20 80+		3 Hours 3 Hours
Paper-IV:	PRINCIPLES AND APPLICATIONS OF GUIDANCE	80+20	3 Hour	S
Paper-V: Paper-VI:	LIFE SPAN HUMAN DEVELOPMENT PSYCHOMETRICS (ii)	80+2 80+2 80+2	20 ;	3 Hours 3 Hours
Paper-VII:	PERSONALITY (ii) ADVANCED MILITARY PSYCHOLOGY	80+2 80+20	20 3	Hours Hours Hours
Paper-IX (i) (ii)	PRACTICAL PROFILING OF INSTRUMENTS	100 50		3 Hours 1 Hour
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### SCHEME OF EXAMINATION FOR M.A. PSYCHOLOGY (SEMESTER-1st)

Paper No	Nomenclature	Internal Assessment	Theory Marks	Total Marks	Time
Paper- i	Systems and Theories	20	80	100	3 Hours
Paper- ii	Experimental Psychology	20	80	100	3 Hours
Paper- iii	Social Psychology (i)	20	80	100	3 Hours
Paper- iv	Research Methods & Statistics (i)	20	80	100	3 Hours
Paper-v (i)	Practical			100	3 Hours
Paper-v(ii)	Profiling of Equipments			50	1 Hours

#### SCHEME OF EXAMINATION FOR M.A. PSYCHOLOGY (SEMESTER-2<sup>nd</sup>)

Paper No	Nomenclature	Internal Assessment	Theory Marks	Total Marks	Time
Paper- i	Physiological Psychology	20	80	100	3 Hours
Paper- ii	Cognitive Psychology	20	80	100	3 Hours
Paper- iii	Social Psychology (ii)	20	80	100	3 Hours
Paper- iv	Research Methods & Statistics (ii)	20	80	100	3 Hours
Paper- v (i)	Practical			100	3 Hours
Paper- v(ii)	Profiling of Equipments			50	1 Hours

#### SCHEME OF EXAMINATION FOR M.A. PSYCHOLOGY (SEMESTER-3<sup>rd</sup>)

Paper No	Nomenclature	Internal Assessment	Theory Marks	Total Marks	Time
Paper- i	Psychopathology	20	80 -	100	3 Hours
Paper- iii	Industrial- Organizational Psychology (i)	20	80	100	3 Hours
Paper- iv	Principles & Applications of counseling	20	80	100	3 Hours
Paper- v	Life Span Human Development	20	80	100	3 Hours
Paper-ix (i)	Practical			100	3 Hours
Paper-ix(ii)	Profiling of Equipments			50	1 Hours

#### SCHEME OF EXAMINATION FOR M.A. PSYCHOLOGY (SEMESTER-4th)

Paper No	Nomenclature	Internal Assessment	Theory Marks	Total Marks	Time
Paper- i	Clinical Psychology	20	80	100	3 Hours
Paper- iii	Industrial- Organizational Psychology (ii)	20	80	100	3 Hours
Paper- iv	Principles & Applications of counseling	20	80	100	3 Hours
Paper- v	Life Span Human Development	20	80	100	3 Hours
Paper-ix (i)	Practical			100	3 Hours
Paper-ix(ii)	Profiling of Equipments			50	1 Hours

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# PG DIPLOMA IN GUIDANCE, COUNSELING AND PSYCHOTHERAPY

#### Scheme of Examination (From 2018-19)

There shall be three theory papers and one practical-cum-field work of 100 marks each. All the four papers are compulsory.

Paper		Nomenclature	Marks	Time
Paper-I: Paper-II: Paper-III: Paper-IV	(i) (ii)	GUIDANCE COUNSELLING PSYCHOLOGY PSYCHOTHERAPY PRACTICAL FIELD WORK	100 100 100 50 50	3 Hour 3 Hours 3 Hours 3 Hours 3 Hours

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# SCHEME OF EXAMINATION

# FOR P.G. Diploma in Guidance, Counseling & Psychotherapy

Paper No	Nomenclature	Theory Marks	Total Marks	Time
Paper- i	Guidance	100	100	2 **
Paper- ii	Counseling Psychology	100		3 Hours
Paper- iii	Psychotherapy		100	3 Hours
Paper-iv	Practical	100	100	3 Hours
(i)	1 actical	50	50	3 Hours
Paper-	Field Work			
iv(ii)	Tield Work	50	50	3 Hours

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# DEPARTMENT OF PSYCHOLOGY

# **Programme Specified Outcomes**

#### **B.A Psychology**

This programme helps the students in moving advanced and specialized careers in the field of Psychology. It enables the students to understand the intricacies of human behavior. By doing the practical work students enrich their knowledge and develop the understanding to measure, predict and control the human behavior.

### B.A.Ist & IInd Semester

Pso1- Understand the meaning of psychology, behavior and other psychology phenomenon.

Pso2 - Understand the biological basis of behavior.

Pso3- Perform experiments and tests to learn interpretation of the behaviour.

### B.A.IInd & IIIrd Semester

Pso1 - Develop more understanding in relation to social situation.

**Pso2-** Knowledge to explain how thinking feeling and behavior change throughout life.

Pso3 - Learn how to apply psychology in real life situations.

### B.A.IVth & Vth Semester

**Pso1-** Develop understanding regarding different type of psychological problems and solutions.

Pso2- Understand how basic theory and research are applied to actual faced problems by individuals on daily basis.

# Course Outcomes of B.A. Psychology

# B.A.Ist Semester- Introduction to Psychology

Students learn how to understand oneself in a better way.

 Learn how to apply fundamental rules and theories of Psychology in relation to the study of behavior of normal adult beings.

 Understand the various psychological processes like sensation, perception, learning, intelligence, personality etc.

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- Enable the students to develop interpersonal emotional intelligence.
- Students learn how to use different methods such as experimental method, observation method, survey method etc., to measure the human behavior.

# **B.A.Ist Semester- Practical**

- Students learn to perform various tests and experiments on different psychological processes such as motivation, emotion, perception, observation, intelligence and personality.
- · Learn to analyze the scores and to interpret the results of the test or

# **B.A.IInd Semester- Experimental Psychology**

- Understand the mind and body relationship.
- · Learn how to use the tools and instruments to measure the behavior of
- Understand the cause and effect relationship between the different variables.
- · Enable the students to use the simple statistical techniques such as mean,

# **B.A.IInd Semester- Practical**

- Understand the concept of memory and perform experiments on LTM and
- Learn the measurement of AL and DL by the method of constant stimuli.

# **B.A.IIIrd Semester- Social Psychology**

- Understand the human being as a social animal.
- · Develop understanding of group as well as individual behavior in relation to
- Understand the impact of aggression on the behavior of an individual as well
- Understand the role of pro-social behavior in psychological well-being and better social relationships.

# **B.A.IIIrd Semester- Practical**

- Learn to use the method of sociometric.
- · Enable the students to measure the level of aggression, attitude, leadership style and prejudice.

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# **B.A.IVth Semester-Developmental Psychology**

- · Learn how human beings learn, mature and adapt at the different life stages.
- Learn to develop an insight and make healthier choice for future needs.

#### **B.A.IVth Semester- Practical**

- Students learn to measure the self concept and self esteem.
- Learn to use the different scales to measure the developmental issues such as emotional maturity.

# **B.A.Vth Semester- Psychopathology**

- · Gives training in psychiatric diagnosis.
- Students realize the importance of mental health and it can change over time.
- Gives a complete understanding of causes of the human psychological suffering and treatment.

#### **B.A.Vth Semester- Practical**

Students learn to use the tests to measure the abnormal behavior and learn how to conduct case studies.

# **B.A.VIth Semester- Applied Psychology**

- Students can enhance their knowledge about the application of the psychology in different areas.
- Helps in improving and developing educational strategies.
- Learn to utilize the knowledge practically in business, education, clinics and government context.

### **B.A.VIth Semester-Practical**

Seek knowledge about the use of tests for different purposes such as counseling or educational guidance.

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# **DEPARTMENT OF PSYCHOLOGY**

## **Programme Specified Outcomes**

#### M.A Psychology

This programme enables the students to attain knowledge about the utilization of the scientific methods to rigorously test and systematically understand both human and animal behavior. It helps the students to gain experience by working in practical situations. By learning psychology students are able to build a platform for personal growth and development.

Pso1 - Understand to describe and predict the thoughts, behavior and feeling of human being.

Pso2 - Develop necessary skills to deal with daily life situations.

Pso3 - Understand the chemistry between mind and body.

Pso4 – Learn to apply the psychological concepts in actual situations.

Pso5 - Develop the sense of better human being.

**Pso6** – Perform different experiment and procedure in laboratory in regard to measure the psychological phenomenon.

# Course Outcomes of M.A.Psychology

#### M.A. Previous (Ist semester)

#### P-I System and Theories

- · Understand human behavior, theories & feelings.
- To understand that human mind is more than the more sum total of its parts.
- Learn that human being should be treated as system in themselves.
- Helps in understanding of well being of the whole organism rather than just changing a set of problems behavior.

#### P-II Experimental psychology

- · Seek to explore and understand behavior through empirical method
- Seek knowledge about the psychological structure of eye and ear and the functioning of thesis parts in the process of sensation.

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- Attain knowledge of qualities and quantitative relationship of physical and psychological aspects.
- Learn to use of various theories in real life situation such as classical conditioning

#### P-III Social Psychology (i)

- · Learn how the process of socialization affects the behavior of an individual.
- Seek knowledge about the methods used to assess the behavior in social contexts.
- Be aware about the social perception which helps to be competent.
- Develop the understanding of verbal and non-verbal communication.
- Understand the self-concept and self-esteem which improves the development of oneself.

#### P-IV Research methods & statistics (i)

- Understand the nature & concept of research.
- · Gain knowledge about the various types of research.
- · Learn how to use the different techniques and methods to do research.
- Identify and discuss the role and important of research in the social sciences.
- Identify and discuss the issues and concepts salient's to the research process.
- Identify and discuss the complex issues inherent in selecting a research problem, selecting an appropriate research design and implementing a research project.
- Learn techniques to test hypothesis and correlation among variables.

#### P-V (i) Practical

- Enable the students to conduct experiments.
- Enable to learn how to control the variable.
- By conducting experiments students learn how to measure the cognitive processes like sensation, perception, learning, illusions etc.
- · Learn how to collect and analyze data.
- Learn to collect objective and systematic information and how to write results.

### P-V (ii) Profiling of Equipments

This paper provide information about the different tests and experiments. Students seek the information, who developed the test, procedure to conduct the test or experiment and the psychometric property of the test etc.

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#### M.A. Previous ( IInd semester)

### P-I Physiological psychology

- · Understand the mind-body chemistry
- Imp[ort knowledge about the brain structure and its functions
- Understand how the brain activities are measured.
- Attain knowledge about the structure & functions of neurons.
- Understand how brain affects the behavior of the organism.
- Able to understand how the connectivity of neurons can affect the IQ level of a person.

### P-II Cognitive psychology

- Cognitive psychology alarms how people diagnose, realize, perceive, evaluate and think.
- Helps us to gain a deeper and richer understanding of the many mental events that contribute to our daily experiences.
- Enable the students to compare between human cognitive and computer processes of information.

#### P-III Social Psychology (ii)

- Able to understand the behavior of oneself as well as of others.
- Learn how to enrich relationship with family, friends and co-workers.
- Learn how to adjust in a given situation for favorable outcomes.
- Understand social norms & social behavior and learn to behave accordingly.
- Impact of social cognition on the inter and intra personal relations.
- · Able to understand how the social influence can affect the individual.

### P-IV Research methods & statistics (ii)

- Understand the concept of research design and the formulation of a research design.
- Identify and discuss the concepts and procedure of sampling, data collection, analysis and reporting.
- Learn how to analyze data using statistical techniques.
- Learn how to analyze data by using ANOVA.

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#### P-V (i) Practical

- Students enable to know the cause and effect relationship between the independent and dependent variable.
- Enable to learn more about measurement of thinking, problem solving, concept formation, memory, motives and personality.
- Students learn how to develop hypothesis, manipulation of independent variable and the measurement of the dependent variable.

### P-V (ii) Profiling of Equipments

This paper provide information about the different tests and experiments. Students seek the information, who developed the test, procedure to conduct the test or experiment and the psychometric property of the test etc.

# Course Outcomes of M.A.Psychology

### M.A. Final Year( IIIrd semester)

#### P-I Psycho-pathology

- Enables the students to understand the abnormal behavior.
- · Learn how to categorize the abnormal behavior.
- Understand the symptoms of psychological disorders to identify them.
- Seek knowledge about the root causes of deviant behavior.

### P-III Industrial-organizational psychology(i)

- Learn the basic principles and theories of Industrial organizational Psychology.
- · Learn how psychology can be applied at work place.
- · Develop the sense of higher job satisfaction level.
- Understand the recruitment strategy and methods.

### P-IV Principles & Applications of Guidance

- Helps students competent for future success.
- · Equips them with all latest career trends.
- Enables students to improve personal development.
- · Shapes the students in decision making.
- Develop the interpersonal skills of the students.

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### P-V Life Span Human Development (i)

- Understand the application of psychology in relation to human development.
- Understand the behavior of a person from prenatal period to old age.
- Learn about the relationship between heredity and environment.
- Understand about the cultural influences on the process of development.
- Learn about the different methods used to study the process of development.

#### P-IX (i) Practical

- Understand the level of personal problems, emotional disorders by using different tests.
- Students are able to understand the full picture of the person's weaknesses and strengths.
- Enable the students to conduct aptitude test, achievement test interest test and general ability test.
- Students come to know about the different steps of selection procedure.

### P-IX (ii) Profiling of Equipments

This paper provide information about the different tests and experiments. Students seek the information, who developed the test, procedure to conduct the test or experiment and the psychometric property of the test etc.

### M.A. Final Year( IVth semester)

### P-I Clinical psychology

- Enable students to assists the client in identifying mental illness & behavioral disorders.
- Enable the students to improve the well being by addressing behavioral & emotional difficulties.
- Helps the students to learn and to improve behavior and to address their mental concern.

### P-III Industrial-organizational psychology(ii)

- Understand the recruitment strategy and methods.
- Understand how to describe job requirement and assessment of individuals.
- Learn how psychology can be used to select, develop and manage employees.
- Develop understanding the major area of Industrial organizational Psychology like leadership, organizational structure, designing and conflict.

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 Students will acquire organizational skills like decision making, time management, and work life balance.

# P-IV Principles & Applications of Counseling

- Enables the students to have grater self acceptance and self esteem.
- Develop the ability to change self defeating behaviors/habits.
- Enables the students for the better expressing management of emotions.
- Increase confidence and decision making skills.

# P-V Life Span Human Development (ii)

- Understand the concepts of development in various areas such as cognitive, language, emotional etc.
- Understand the concept of self and enable to develop identity of oneself.
- Understand how the development at different stages occur and can affect the growth on long term.
- Understand the problems faced by the person at different development stages and how to overcome these problems

### P-IX (i) Practical

Enable the students to conduct various tests such as aptitude test, achievement test, interest test and general ability test. Students prepare themselves for the practical situations by performing these tests.

# P-IX (ii) Profiling of Equipments

This paper provide information about the different tests and experiments. Students seek the information, who developed the test, procedure to conduct the test or experiment and the psychometric property of the test etc.

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# DEPARTMENT OF PSYCHOLOGY

# **Programme Specified Outcomes**

# PG Diploma in Guidance, Counseling & Psychotherapy

This diploma is designed to shape the students with guidance and counseling skills to act professionally. It is aimed to develop professionals with unique skills and will help to train professionals by developing requisite knowledge, skills and understanding in the area of counseling.

Pso1 - Seek knowledge about the applied fields of psychology.

Pso2 - Develop guidance & counselling skills through field based activities.

Pso3 – Help in understanding the underlying causes of behavior (mental illness or distress).

 $Pso4-\mbox{Enable}$  to understand anxiety, depression, mood disorder, eating, sleeping and personality disorder.

# Course Outcomes of PG Diploma in Guidance, Counseling & Psychotherapy

#### P-I Guidance

- Helps students to encourage students academic, emotional, and personal development.
- Helps the students to know themselves better and find effective solution to their problems.
- Helps students to discover and develop their potential.

### P- II Counseling Psychology

- Prepare students for academic, career and social challenges.
- Improve communication and interpersonal skills.
- Increase confidence and decision making skills.
- Facilities students achievements, improve students behavior.

### P-III Psycho-therapy

- Develop the understanding of different therapies used in psychology.
- Learn how to use a particular therapy for the treatmen5t of the clients.
- Develop different therapeutic skills necessary to be a therapist.

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 Develop a sense of a trusting relationship with clients to bring about positive charge.

#### Paper IV (i) Practical

Students acquire knowledge about the nature of psychological tests, their functions and psychometric properties. They learn how to use the tests and experiments in practical situation and the interpretation of the results.

### Paper IV (ii) Field work

Field work provides an opportunities to work in actual situation and enable the students to acquire necessary skills and competency in selecting, performing, scoring, and interpreting the psychological tests.

Students also learn to treat the individual suffering from mental problems. They acquire the skills to deal with such type of people.

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