

Lesson Plan (2023-24)

Class:- M.A.(P)

Name of Paper:-

Physiological Psychology

Subject: Psychology

Class Teacher:-

MS. SANGEETA
(Asstt. Prof.)

Date	Topic	Date	Topic
1/1/24 to 6/1/24 (1st week)	- Introduction and Nature of Physiological Psychology - Scope of Physio. Psychology	1/02/24 to 3/02/24 (1st week)	- Brain - Spinal Cord
8/1/24 to 13/1/24 (2nd week)	- Methods to study Brain - Recording Electrical Activity of Brain	7/02/24 to 10/02/24 (2nd week)	- Peripheral NS - Somatic NS - Revision
15/1/24 to 20/1/24 (3rd week)	- Brain Stimulation - Imaging Techniques - Revision	15/02/24 to 17/02/24 (3rd week)	- Auto nomic NS - Sympathetic & Para Sympathetic NS
22/1/24 to 27/1/24 (4th week)	- Imaging Techniques - Structure and Functions of NS	21/02/24 to 29/02/24 (4th week)	- Endocrine system - Revision
29/1/24 to 31/1/24 (5th week)	- Central NS - Brain	01/03/24 to 2/03/24 (1st week)	- Neurons structure and Functions

Date	Topic	Date	Topic
4/03/24 to 9/03/24 (2nd week)	- Types of Neurons - Nerve Conduction - Revision	22/04/24 to 27/04/24 (3rd week)	- Electrophysiological Mechanism of hearing - Memory & Attention
11/03/24 to 16/03/24 (3rd week)	- Synaptic Transmission - Revision	29/04/24 to 30/04/24 (4th week)	- Sleep Nature - Stages - Electrophysiological Mechanism of sleep and dream.
18/03/24 to 22/03/24 (4th week)	- Motivation - Central and Peripheral Mechanism of Hunger		
01/04/24 to 6/04/24 (1st week)	- Thirst - Sex - Test		
8/4/24 to 12/04/24 (2nd week)	- Emotions - Physiological Correlates		
15/04/24 to 20/04/24 (3rd week)	- James-Lange Theory - Cannon Bard Theory - Papez Theory of Emotion		

August 9
02/03/24

Lesson Plan (2023-24)

Class - M.A (F)

Subject :- Psychology

Paper - Life span Human
Development

Teacher :- MS. SANGEETA
(Asstt. Prof.)

Date	Topic	Date	Topic
01/01/24 to 6/01/24 (1st week)	- Cognitive Development - Piaget Approach - Vygotsky and information Processing	1/02/24 to 3/02/24 (1st week)	- Self Concept - Self esteem - Revision
8/1/24 to 13/1/24 (2nd week)	- Language Development - Behavioristic Approach - Nativist	7/02/24 to 10/02/24 (2nd week)	- Constructing Identity - Understanding others - Social Problem Solving
15/1/24 to 20/1/24 (3rd week)	- Emotional Development - Emotional Expressions	15/02/24 to 17/02/24 (3rd week)	- Sex Role Development - Gender Stereotypes
22/1/24 to 27/1/24 (4th week)	- Understanding and responding others - Emergence of self-consciousness	21/02/24 to 29/02/24 (4th week)	- Gender roles - Gender Identity - Revision & Test
29/1/24 to 31/1/24 (5th week)	- Emotional self regulation - Development of self	01/03/24 to 02/03/24 (1st week)	- Gender Schema Theory - Revision & Test

Date	Topic	Date	Topic
4/03/24 to 9/03/24 (2nd week)	- Transition from Childhood to adoles- cence	22/04/24 to 27/04/24 (4th week)	- Psychological issues in old age, social support
11/03/24 to 16/03/24 (3rd week)	- Hormonal changes & Physical Growth - Revision	29/04/24 to 30/04/24 (5th week)	- Control v/s Dependency - Problems of Vocations and retirement
18/03/24 to 22/03/24 (4th week)	- Sexual Maturation - Reaction to Pubertal Changes - Identity crisis		- Revision & Test
01/04/24 to 06/04/24 (1st week)	- stress - adolescence Problems - Ecology of Develop- ment		
08/04/24 to 12/04/24 (2nd week)	- Revision - Test - Problems of ageing Biological Perspective		
15/04/24 to 20/04/24 (3rd week)	- Physical changes - Habits & Health - Family life adjustments in old age		
	- widowhood - Remarriage		
	- Cohabitation in old age		

Angela
02/03/24