Department of Home Science

Activity Report (2024–2025)

Art & Craft Workshop (19th Sept.2024 to 21st Sept.2024)

A three-day workshop was organized under the guidance of Ms. Alka Jain from Fevicryl. Students learned techniques such as fabric painting, bottle and pot decoration, mirror designing, hand painting, and wall hanging preparation.

• Nutrition Month Celebration (24th Sept. 2024 to 30th Sept. 2024)

The department celebrated Nutrition Month with great enthusiasm. A series of competitions and extension lectures were conducted to create awareness on nutrition and health.

i) Healthy Snacks Making Competition (24th Sept. 2024):

Students prepared nutritious recipes such as Poha Cutlets, Besan Burfi, Soyabean Curry, Arbi Leaves Curry, Sprouted Bun Pizza, and Coconut Burfi, promoting healthy eating habits.

ii) Quiz Competition (25th Sept. 2024):

A quiz on nutrition and health saw enthusiastic participation. The winners team who won First Prize: Rolling Pins, Second Prize: Grill Masters and third Prize: Chilli Peppers.

iii) Extension Lecture (27th Sept.2024):

Dr. Shradha Bedi, gynecologist at Global cradle hospital Karnal, delivered an informative lecture on female health issues including menstruation, reproductive health, anaemia, and awareness on cervical and breast cancer.

iv) Nukkad Natak (30th Sept. 2024):

Students performed a street play to mark the closing ceremony of Nutrition Month, spreading awareness on the importance of good nutrition and health practices.

Contd --

Garment Construction Workshop (11th Nov.2024 to 13th Nov. 2024)

A three-day workshop was organized to enhance students' skills in garment construction and textile design. Students learned various techniques that helped develop their understanding of clothing and fashion-related concepts.

Soft Toy Making Workshop (21st Oct. to 22nd Oct. 2024)

Under the guidance of expert Mrs. Uma Kaushik, students were trained in making soft toys and macrame designs. The hands-on workshop was well received by the students.

• Diwali Exhibition (26th Oct. 2024)

oden bette hilber heater in alle in

ાલ તેનું હું! પુંચ નુષ્ટિસ હુના નોટર કેટલે અંદ્રો

An exhibition was organized as part of the Diwali celebrations. Students showcased a wide range of handmade items including: Decorated Diyas, Gel Candles, Designer Dresses, Decorative Mirrors, Handmade Chocolates, Sweaters, Dupattas, Block Printed Handkerchiefs, and Handmade Jewellery.

Alumni Achievement (25th Nov. 2024)

Ms. Shristi, alumna of batch 2015 -2018, was honored for her exceptional academic achievements. She has qualified over 10 competitive exams and received four government job offers. She currently works as a Domestic Science Teacher under DSSSB, Delhi, and has also cleared the HPSC PGT (Group B) exam. Her success serves as an inspiration for current students. She also interacted with students and motivate them to do better in their life.

Nail Art Workshop (17th Feb. 2025)

A one-day workshop was conducted by Home Science in collaboration with Women Cell, alumna Ms. Bharti, who provided training on various nail art techniques and discussed career opportunities in this creative field.

Makeup Skills Workshop (18th Feb. 2025 to 22nd Feb. 2025)

This five-day workshop was led by professional makeup artist Ms. Sukhmani. Students were trained in: Basic Makeup, Product Knowledge, Eye Makeup, Smokey Eyes, Contouring, Party Makeup, and HD Makeup. The workshop also included career counseling in the beauty and wellness industry.

• Art & Craft Workshop - Pidilite (8th April, 2025 to 11th April, 2025)

A three-day workshop was conducted in collaboration with Pidilite. Expert Ms. Alka Jain from Fevicryl trained students in: Fabric Printing, Block Printing, Batik, Stencil Printing, and Mould It Keychain making. Students created unique and skillful art pieces.

HOD

Principal
Pt. Chiranji Lal Sharma
Govt. College, KARNAL

(Department of Home Science)