

# LESSON PLAN

**Subject:** Psychology

**Class:** PG Diploma in Guidance, Counselling & Psychotherapy

**Paper:** Psychological Disorders-1

**July, 2025**

Week	Topic
3 <sup>rd</sup> Week	Psychopathology- Meaning & Criteria
4 <sup>th</sup> Week	Causes of Abnormality: Biological, Psychological, Socio-cultural

**August, 2025**

Week	Topic
1 <sup>st</sup> Week	Approaches: Psychodynamic, Behaviouristic,
2 <sup>nd</sup> Week	Humanistic and Existential.
3 <sup>rd</sup> Week	Classification of Mental Disorders- ICD10 and ICD 11
4 <sup>th</sup> Week	DSM III R, DSM IV TR, DSM 5 Svstems.

**September, 2025**

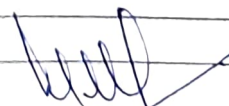
Week	Topic
1 <sup>st</sup> Week	Clinical Patterns, Symptoms, and Causes of Neuro-developmental Disorders;
2 <sup>nd</sup> Week	Communication Disorders, Autism,
3 <sup>rd</sup> Week	Intellectual Disabilities,
4 <sup>th</sup> Week	Spectrum Disorder, and Attention Deficit / Hyperactivlty Disorder

**October, 2025**

Week	Topic
1 <sup>st</sup> Week	Clinical Patterns, Symptoms, and Causes of Schizophrenia Spectrum and other related disorders:
2 <sup>nd</sup> Week	Schizotypal Personality Disorder
3 <sup>rd</sup> Week	<b>Diwali Holidays 19/10/2025 to 26/10/2025</b>
4 <sup>th</sup> Week	Delusional Disorders, Schizophrenia.

**November, 2025**

Week	Topic
1 <sup>st</sup> Week	Clinical Patterns, Symptoms, and Causes of Schizophrenia Spectrum and other related disorders:
2 <sup>nd</sup> Week	Schizotypal Personality Disorder,
3 <sup>rd</sup> Week	Delusional Disorders, Schizophrenia.

  
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