

Pt. Chiranjilal Sharma Govt. College, Karnal (Haryana)

(Affiliated to Kurukshetra University, Kurukshetra)


Ref. No. GCK/2025/Notice/187

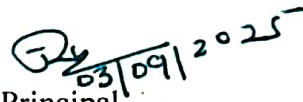
Date: 03/09/25

NOTICE

All UG/ PG students of Pt. Chiranjilal Sharma Govt. College, Karnal are hereby informed that our college provides dedicated facilities to support mental health and overall well-being. College life can be demanding, and it is important to seek help whenever. Followings mental health facilities in our college are:

- 1. Talking Clinic in Department of Psychology:** Free and confidential counseling sessions for stress, anxiety, depression, and other concerns.
- 2. Peer Support Programs:** Group discussions and student-led initiatives to promote mental wellness.
- 3. Awareness Programmes:** Lectures of field experts and faculty members for awareness of mental health.


Nodal Officer
Mental Health


Principal
Pt. Chiranjilal Sharma
Govt. College, KARNAL

Ph: 0184-2201555, 2204456 E-mail: gckarnal@gmail.com